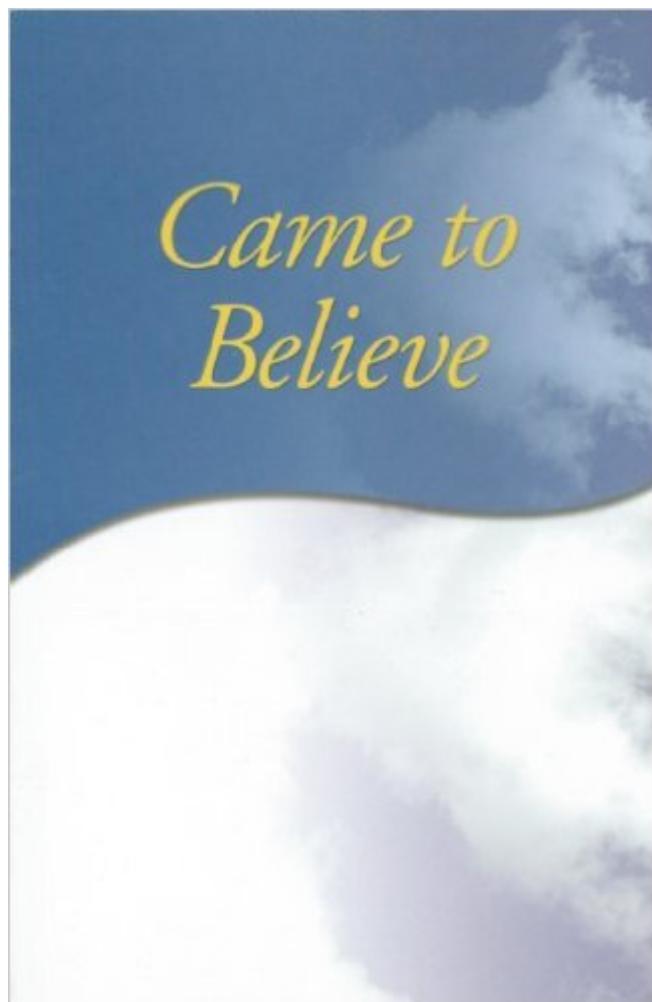


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## Came To Believe



## Synopsis

Came to Believe - the spiritual adventure of A.A. as experienced by individual members. Over 75 A.A. members from all over the world describe the wide diversity of convictions implied in "God as we understood Him." Especially helpful to those who confuse "spiritual" with "religious."

## Book Information

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## Customer Reviews

I dip into this AA World Services publication daily. I find it best to read one story at a sitting and reflect on the comments and experience of the recovering person -- most of the short reflections are peoples' spiritual experiences in recovery and they range from the "bolt of lightening" to the slow emergence of everyday spirituality. Keep it with your morning or evening meditation book(s) and dip into it. You'll "keep coming back."

I love this book. I'm a twelve-stepper who came to the program from a Christian fundamentalist childhood by way of a period recovering from that. One thing I came to believe from reading this book was that a higher power is not comprehensible by me or anyone else living or dead. Many traditions have been established that attempt to essentialize something greater than the individual in ways that suit their own needs. I'm fortunate enough to be very well educated. I'm not into fairy tales. I do, however, experience many things about life that I cannot explain. This book helped me to understand that whatever shorthand various humans have assigned to the phenomena of life and their experiences is just that. Some power greater than myself, however, is a simple concept. (I'm a

literary sort and rate this book within the context of recovery literature and books that have made an impact on me. The prose is not where it's at with this one.)

Last year when I was in a treatment center called Timberline Knolls, I was introduced to the 12 Steps and DBT principles. I've taken both with me back into the "real world" and have used them to stay on track with my recovery. One of the things I struggled with a lot was defining the difference between spirituality and religion. I was raised Catholic and knew I didn't want to be associated with that anymore. When searching for my Higher Power in the 12 Steps, I knew that for me that would be God, but I didn't know how to define that relationship without getting another man-made religion involved. I talked a lot at TK about the concept of spirituality with a sponsor and some of the other employees there and was happy to learn that spirituality doesn't necessarily mean that you don't believe in God, it's that you're leaving behind the regulations of a church and defining that relationship yourself. This book helped to expand on that for me and provided some deeper insight to it. I would definitely recommend this to anyone who is searching to find that relationship with their Higher Power, whether it's God or something else, because the presentation is clear and informative. It's very short and an easy read.

Came to Believe is a book that is Alcoholics Anonymous approved literature. It's a wonderful resource for any and all recovering alcoholics. There are many AA books available to purchase on . In addition to the AA approved literature, like Came to Believe, there is also a vast amount of Hazeldon books available as well. This book has an uncanny way of reinforcing one's personal recovery. I bought the book from a seller on for merely pennies. The book arrived in great condition just a week later. This is a book that one can and should refer to over and over again.

Came to Believe is a very good book with a very good proposition, as it is for Alcoholics first and foremost, and from my experience the most successful, happiest, joy-iest and free-iest people I know have come to believe in a power greater than themselves--anything greater than themselves--will do the trick and this book tells some pretty amazing stories! So find a comfy spot, grab a cup of coffee or tea and clear your mind of any preconceptions or resentments of how GOD is gonna get you! and have an open mind and just see what has worked for others and who knows, this just might work for you too. And like I shared last night, if nothing else give the universe the good, the bad and the indifferent and stop trying to figure it all out by yourself, and just relax and see what can happen if you just let go and let a Group of Drunks tell their story--by the way for some of

us G-Group o-of D-drunks was our first God we could rely on and trust. Have a nice day!

Heartfelt and honest assessments of how people came to believe in a Supreme Being and the difference it made in their lives, and in dealing with their alcoholism. What comes through are short, readable, non-preachy stories in original voices. You don't have to be an alcoholic in recovery to take away something important that will apply to your own life. If you are having struggles in any part of your life and finding no relief, you may find something to relate to in these pages.

An old favorite of mine, finally purchased a e copy for my tablet. Quick order, as expected, and quite lovely process. Okay I was at the clubhouse when I bought and downloaded it before the MTG opened. Good for those times when the D.R. or 24HAD are just too short or a good supplement for the ESH stories.

This is the perfect companion book for the new person entering into an AA recovery program. It contains stories that explain how many individuals who were without a Higher Power, "Came to Believe" in one.

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